

# Exeter Jr High Wrestling

October  
2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12 Jr high sign ups @ HS wrestling Room 6-7pm	13 Jr high sign ups @ HS wrestling Room 6-7pm	14	15	16
17	18	19 HS Sign ups @ Coach Ruggs Room	20 HS Sign ups @ Coach Ruggs Room	21 HS Sign ups @ Coach Ruggs Room	22 HS Sign ups @ Coach Ruggs Room	23
24	25	26	27 Weight Certs @ Trainers HS 3:30pm JH 5:00pm	28	29	30
31						

# Exeter Jr High Wrestling

## November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 <b>First Day of Practice 3-5pm</b>	23 Practice 3-5pm	24 Practice 3-5pm	25 <b>Thanksgiving NO PRACTICE</b>	26 Practice 10-12, or 12-2	27 Practice 8-10
28	29 Practice 3-5pm	30 Practice 3-5pm				

# Exeter Jr High Wrestling

## December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 3-5	2 Practice 3-5	3 Practice 3-5	4 Practice 8-10am
5	6 Practice 3-5	7 Practice 3-5	8 Practice 3-5	9 Practice 3-5	10 Practice 3-5	11 <b>Conestoga Valley Tournament Bus @ 6am</b>
12	13 Practice 3-5	14 Practice 3-5	15 <b>Vs Wilson 4:30 start</b>	16 Practice 3-5	17 Practice 3-5	18 <b>Cocalico Tournament Bus @ 6am</b>
19	20 Practice 3-5	21 Practice 3-5	22 <b>@ Daniel Boone Bus @ 2:30</b>	23 Practice 3-5	24 Practice 8-10am	25 <b>Merry Christmas</b>
26	27 Practice 8-10am	28 Practice 8-10am	29 Practice 8-10am	30 Practice 8-10am	31 Practice 8-10am	

# Exeter Jr High Wrestling

## January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Years NO PRACTICE
2	3 Practice 3-5	4 Practice 3-5	5 Vs Muhlenberg 4:30 start	6 @ Reading Bus @ 2:30	7 Practice 3-5	8 Eric Koller Memorial Tournament TBA
9	10 Practice 3-5	11 Practice 3-5	12 Practice 3-5	13 Practice 3-5	14 Practice 3-5	15 Cedar Crest Duals Bus @ 6:30
16	17 Practice 3-5	18 Practice 3-5	19 @ Governor Mifflin Bus @ 2:30	20 Practice 3-5	21 Practice 3-5	22 HS Blue/White Duals JH Assist TBA
23	24 Practice 3-5	25 Practice 3-5	26 @ Hamburg Bus @ 2:30	27 Practice 3-5	28 Practice 3-5	29 JH JV Round Robin TBA
30	31 Practice 3-5					

# Exeter Jr High Wrestling

## February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Practice 3-5	2 Practice 3-5	3 Practice 3-5	4 Practice 3-5	5 <b>Wyomissing Tournament Bus @ 7am</b>
6	7 Practice 3-5	8 Practice 3-5	9 Practice 3-5	10 Practice 3-5	11 <b>Wilson Tournament TBA</b>	12 <b>Wilson Tournament TBA</b>
13	14 <b>Equipment Hand ins 3-4:30</b>	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

