

4th Annual Messiah Summer Team Duals

When: Saturday June 22, 2019; Wrestling Starts @ 9:30 AM *finals scheduled to begin at 3 pm*

Where: Messiah College, Hitchcock Arena, Mechanicsburg, PA (GPS: One College Ave, Mechanicsburg, PA, 17055)

Who: First 12 high school teams and 8 junior high teams to register

High School-grades 9-12 and Junior High-grades 5-8- 2018-2019 Academic Year

Tournament Rules : PIAA w/ college out of bounds rules

Length of period: 1.5 – 1.5 – 1.5 with 1 Min. SV and one :30 UTB (if nec.)

Headgear and singlets are recommended.

No wrestler to wrestle more than one weight class above their registered weight.

Weight classes to be registered at time of weigh in.

Team roster forms will be handed out at weigh in.

Weigh-Ins: Friday June 21 from 6-7 pm or Saturday June 22 from 7-8:30 am

*in Brubaker Auditorium, Sollenberger Sports Center

Weight Classes: HS-110-118-126-134-142-150-160-170-184-199-225-285

(12 Weight Classes, 18 Maximum wrestlers per team)

JH- 78-83-88- 93-98-105-112-120-128-136-145-155-165-180-230

(15 Weight Classes, 20 Maximum wrestlers per team)

Each team is required to bring at least 1 table worker.

Concessions sold throughout the day

To register, send Roster & Check To: (Checks Payable To: Messiah College Wrestling)

Bryan Brunk - Director

One College Ave Suite 4501, Mechanicsburg, PA 17055

bbrunk@messiah.edu

(717) 766-2511

Cost \$400 per team a \$150 deposit will secure your spot

Awards: Awards will be given for top team in each division and individuals of each championship team

Admission: \$5.00 per adult, children 12 and under are free. Three Coaches Per team are free

Messiah Summer Duals- Team Roster

Team Name: _____ circle one(HS) Location: _____

Coach Name: _____ Coach Phone: _____

E-Mail: _____

	Name	Weight	Grade	Novice/Intermediate/Expert
1		110		
2		118		
3		126		
4		134		
5		142		
6		150		
7		160		
8		170		
9		184		
10		199		
11		225		
12		285		
13				
14				
15				
16				
17				
18				

Messiah Summer Duals- Team Roster

Team Name: _____ circle one(JH) Location: _____

Coach Name: _____ Coach Phone: _____

E-Mail: _____

	Name	Weight	Grade	Novice/Intermediate/Expert
1		78		
2		83		
3		88		
4		93		
5		98		
6		105		
7		112		
8		120		
9		128		
10		136		
11		145		
12		155		
13		165		
14		180		
15		230		
16				
17				
18				
19 (JH)				
20 (JH)				